

**“9th Post Graduate Course in Rehabilitation Medicine”**  
*15-17 October 2021*

**Friday 15 October 2021**

**18.15: Registration**

**Chair: J Geertzen**

**Topic: Musculoskeletal disorders in the primary care setting**

19.00: Welcome speech

19.10: Official opening

19.15: Common shoulder/elbow conditions

R Dekker, Netherlands

19.35: Common hip/knee conditions

R Stokman, Curacao

19.55: Common musculoskeletal pain conditions  
in children

P Maathuis, Netherlands

20.15: Discussion

**20.30: Intermission (coffee/tea/snacks)**

**Topic: Musculoskeletal disorders in the primary care setting**

21.00: Common foot conditions

R Dekker, Netherlands

21.20: Orthotics for common musculoskeletal conditions

P Slijkhuis, Netherlands

21.40: Discussion

22.00: Closure

**Saturday 16 October 2021**

**09.15: Registration**

**Chair: A Zahavi**

**Topic: Post stroke problems**

10.00: Shoulder pain

J Martina, Curacao

10.20: Edema post stroke

H Meulenbelt, Netherlands

10.40: Knee instability after stroke

Rosetta Salazar, Curacao

11.00: Discussion

P Slijkhuis, Netherlands

**11.15: Intermission (coffee/tea/snacks)**

**Topic: Signaling cognitive and communication problems in primary care**

11.45: Cognition

M Atienzo, Curacao

12.05: Communication

M Thomson, Curacao

12.25: Discussion

**12.45: Lunch (lunch on own account)**

**Chair: R Dekker**

**Topic: Medical problems in Rehabilitation**

14.30: CRPS, recognition, signs, symptoms and therapy  
in primary phase

J Geertzen, Netherlands

14.50: Fatigue and neuromuscular disorders

A Zahavi, Curacao

15.10: Energy management

M Versteeg, Curacao

15.30: Discussion

**15.45: Intermission (coffee/tea/snacks)**

**Topic: Medical problems in Rehabilitation**

16.15: Immobility and prevention of DVT

Y Daal, Curacao

16.35: Problems in urinary regulation

E Roels, Netherlands

16.55: Problems in bowel regulation

E Roels, Netherlands

17.15: Discussion

17.30: Closure

## **Sunday 17 October 2021**

**09.15: Registration**

**Chair: J Martina**

**Topic: Amputation**

10.00: Obesity and prosthetics

R Dekker, Netherlands

10.15: Residual limb problems

J Geertzen, Netherlands

10.30: The new guidelines

J Geertzen, Netherlands

10.50: Rehabilitation of amputations in Curacao

J Martina, Curacao

**11.15: Intermission (coffee/tea/snacks)**

**Topic: Neuromuscular conditions in the primary care setting**

11.45: Parkinson; what the primary care setting should  
know

M Plomp, Netherlands

12.05: Multiple Sclerosis; what the primary care setting  
should know

M Plomp, Netherlands

12.25: Discussion

12.45: Closure