

## Mini-symposium DCRM 2020

### D5. Mini-symposium: How to realize a breakthrough of digital assisted rehabilitation medicine?

Digital treatment in medicine is increasing due to the growing possibilities of e-health and digital capacities of patients. There are several initiatives within rehabilitation but implementation in the rehab-programs remains scarce and diverse. The COVID-19 crisis has moreover proven the urge for rehabilitation to move forward on this field. Blended care is a form of treatment in which patients use digital means combined with face-to-face meetings with therapists and seems to suit the rehabilitation practice well.

This mini symposium organized by the workgroup E-health of the VRA has the objective to:

1. Present the vision of the workgroup about implementing blended care in daily rehabilitation care
2. exchange experiences with blended care

**Chair:** Workgroup E-health

#### **Outline session:**

- The future of E-health in rehabilitation medicine – advice of the workgroup E-health - Jessica Varkevisser
- How to organize digital group sessions and lessons learned
- Patient experience with e-health